

CLAIMS

1. A therapeutic device comprising:
a bop-bag having a humanoid shape;
5 a resilient outer cover integral to the bop-bag;
and
an area of the resilient outer cover that is
devoid of printing and formed to co-operate with
marking instruments for forming a design on the area
10 and for removing the design from the area.
2. The therapeutic device of claim 1 wherein the
area of the resilient outer cover that is devoid of
printing and formed to co-operate with markers for
15 forming the design on the area and for removing the
design includes a head section having the area suitable
for drawing a face on the head section.
3. The therapeutic device of claim 2 further
20 including a neck section and a torso section wherein
the torso section is wider than either the head section
or the neck section.
4. The therapeutic device of claim 3 wherein the
25 area of the resilient outer cover thta is devoid of
printing and formed to co-operate with markers for
forming the design on the area and for removing the
design includes the head section having the area of the
resilient outer cover.
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5. The therapeutic device of claim 1 further including a base section having a weight and shape suitable for returning the therapeutic device to an upright position when deflected from an upright position.

6. The therapeutic device of claim 1 wherein the area of the resilient outer cover is formed from polyvinyl chloride.

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7. A therapeutic method comprising:
forming a bop-bag having an outer cover; and
forming an area on the outer cover that is devoid
of printing and co-operative with marking instruments
5 to form a design on the area and co-operative for
removing the design.

8. The method of claim 7 further including
forming the bop-bag to have a head section, a neck
10 section, and a torso section wherein the torso section
has a diameter that is greater than a diameter of the
head section and a diameter of the neck section and
forming the area on at least one of the group
consisting of the head section, neck section, and torso
15 section.

9. The method of claim 7 further including using
the bop-bag for mental therapy including forming a
design on the area on the outer cover and subsequently
20 removing the design from the outer cover.

10. The method of claim 9 further including using
the marking instruments for forming the design.

25 11. The method of claim 7 further including
forming another area on the outer cover by forming the
another area having a preprinted marking.

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12. A therapeutic method comprising:
forming a bop-bag having a resilient outer cover
in a humanoid shape; and
forming an area of the resilient outer cover to be
5 devoid of printing and to co-operate with marking
instruments for forming a design on the area and for
removing the design from the area.

13. The therapeutic method of claim 13 wherein
10 forming the bop-bag includes forming the bop-bag having
a head section, a neck section, and a torso section
wherein the torso section is wider than either the head
section or the neck section.

14. The therapeutic method of claim 13 including
15 forming the area on the head section.

15. The therapeutic method of claim 12 further
including using wet erase marking fluid for forming the
20 design on the area.

16. The therapeutic method of claim 12 wherein
forming the bop-bag having the resilient outer cover
includes forming the bop-bag from polyvinyl chloride
25 having a thickness greater than 0.20 millimeters.

17. The therapeutic method of claim 12 further
including forming the bop-bag having a height between
ninety-three and one hundred ten centimeters.